

## Plastic Clever Individuals

Encouraging the use of reusable items

### Individuals will...

#### 1: Use refillable mugs for hot beverages

Take a refillable mug whenever you buy a hot drink to take out, instead of using non-recyclable plastic-lined cups that end up in landfill.



#### 2: Use a reusable water bottle

Get yourself a reusable water bottle and use it!

Ask for free refills of tap water at cafes and bars, and ditch the plastic bottled water.



#### 3: Carry a reusable straw

Whenever you buy a drink (soft or alcoholic), say "no straw please" when ordering, and bring along your own reusable one instead if necessary.



#### 4: Bring a reusable bag

When you have a Bag for Life, it's easy to stop using single-use carrier bags!

You'll find it saves you money too.



#### 5: Use sustainable cutlery

Carry a reusable knife and fork set with you to avoid the nasty single-use plastic ones often provided by take-out restaurants.

