

TEACHING SUSTAINABILITY, BIG DREAMS LITTLE FOOTPRINTS

www.bigdreamslittlefootprints.org



Time Capsule. What do we have in our homes today that might not be around in 5, 10, 15 years' time? Explain to your child that shops only sell toys, clothes and food that people buy. If people stop buying them, shops stop selling them. Explain that things were different in the past; look up what 'shifting baseline syndrome' is and explain that a new normal is needed. What single-use, low quality, planet-harming items do you think you could stop buying or buy fewer of? You can draw up a list, draw some pictures + include actual items of anything that you don't want to see again for 5+ years!

Ocean pollution guessing game. Fill the sink with water and tip in some of your (clean) plastic packaging waste. Blindfold your child and get them to guess what it is and then what might it feel like to a turtle, fish or sea bird? Prep your child beforehand, for example: bag = jellyfish, polystyrene pieces = shrimp, bottle top = small crab, snack wrapper = fish, cling film = seaweed. You can write the sea creatures in biro onto packaging commonly found in the sea that is mistaken for food; or cut it into shapes. Watch these videos together - TedEd (https://ed.ted.com/best_of_web/hiGIPdFs) and Gloop (<https://vimeo.com/80375887>).



Interview a mermaid. Or any sea creature about ocean pollution (plastic, sewage, noise, microfibres – pick your thing!) Make a sea creature out of a wooden spoon or anything else - you want to reuse the spoon so use (double-sided) sellotape rather than glue. Then make a telly out of a cardboard box + bottle and jar lids for knobs. You can use a scrubbing brush as the microphone and a cardboard toothpaste box as a remote (to mute, fast forward, switch channels - this may lead to much hilarity). Read up on an ocean issue with your child and get them to be a news anchor investigating the problem. Video them 'on the telly'. Great ocean resources here -

<https://worldoceanday.school/resources-2020/>